

Distance Reiki Form

*I consent to distance Reiki treatment & understand that the services provided by Charlotte Fay are intended to enhance relaxation & increase communication within my body.

*I understand that these services are not a substitute for medical treatment or medications. I am aware that diagnosis is not given and medication is not prescribed. I agree to see my doctor as part of my overall health care plan should the need arise.

*I understand that I may experience 'healing reactions' during the 24 to 48 hours following the services provided.

*I understand that any information imparted during these sessions is strictly confidential and will not be shared with anyone without my written permission. I do, however, give the practitioner consent to use my case history and results without using my name. I understand that only Charlotte Fay will have access to information in my file to enhance my healing.

*I understand that by providing this consent I am assuming full responsibility for my services and I hold harmless the practitioner Charlotte Fay.

*I agree to the terms and conditions set out by this consent form and certify that the above information is true and correct. I agree to pay for this distance healing session or sessions.

Distance Reiki: Further Information

Reiki goes to where it is needed. Please be aware that I make no guarantees as to what Reiki will choose to balance or heal within you. Reiki will always be for the persons highest good and will go to where the imbalances are present within your body. Please simply relax and surrender to the Reiki energy.

A few things Reiki can do for you

*Relax you *Help bring Clarity *Energise you *Calm you *Help you face life's challenges

*Help relieve pain *Accelerates natural healing *Help prevent the progress of disease

*Helps detox body *Helps dissolve energy blocks *Helps release emotional baggage

*Increases the vibrational frequency of the body *Can help with weigh loss

*Helps change negative conditioning and behaviours *Inspires creativity

*Helps you have better sleep *Helps speed recovery

What you may feel

This is very personal and can vary with each person. Some people simply fall asleep. Others may feel warmth or coldness. You may feel tingles, lightness or calmness.

You may feel nothing but then experience vivid dreams when you go to bed.

When can I expect to see results

There is no specific timeframe for results as reiki is different for everyone. Trust that reiki is working for your highest and greatest good.

What I need from you to perform Reiki

Name:

Date of Birth:

Current Location:

Your Consent and Understanding of the above:

Your Primary Concerns:

Past or Present Conditions:

Symptoms you are experiencing:

Is there anything you want to improve?

What do you want to accomplish with Reiki?

My Process: Once I have the above from you, I will send the Reiki to you. I will then let you know so that you can choose an appropriate time to accept it. This is due to different time zones. Simply relax and say in the minds eye 'I am open to receiving the Reiki energy'. This ensures you are open and the Reiki knows you are ready to receive.